



BROWN RICE PROTEIN

Our brown rice protein comes from rice grown throughout Asia, where it has been domesticated for thousands of years. The rice is grown, harvested when the protein content is high, milled to remove the inedible husk, treated with enzymes to extract the protein, ground and sifted into a fine powder. The resulting powder is high in protein and offers a full spectrum of amino acids.

OUR PROCESS

The quality of rice is determined by when it's harvested, and the people that tend to our rice have generations of experience.

While the rice matures and develops there are many changes in the bioactive compounds, some of these changes include moisture content, taste and protein content. We harvest the rice when its protein content is high and send the kernels to be milled.

Milling the rice removes the inedible husk which is least detrimental to the nutritional profile. The resulting brown rice is much more nutrient rich than its more processed counterpart, white rice. We then extract the protein with enzymes from multiple layers of the whole grain at low temperatures. No hexanes, synthetic chemicals or GMO's.

Amino acids are recognized and absorbed by the body in any form and digested as easily if not better than a whole food protein. Since there are little carbohydrates and fiber for the body to break down, it can utilize the proteins more efficiently.

USE

Use brown rice protein powder in smoothies, shakes and baked goods for a slightly sweet, healthy dose of protein, manganese and iron.

THE SOURCE

Our brown rice is grown throughout Asia where it has been domesticated for thousands of years. The plants grow in small patches of upright stems that can reach up to 2 meters in height. The leaves that sprout from the plant are long, flat and straight, while the stems produce small flowers. The flowers are sparse along the stem, resemble a braided arch and turn into kernels containing rice when fully grown.



Variety
Oryza Sativa

Origin
China

Certifications



Typical Nutrition Per 100g

Calories	391
Calories from fat	17
Total Fat	1.93g
Saturated Fat	0.66g
Trans Fat	0g
Cholesterol	0mg
Sodium	11mg
Potassium	12mg
Total Carbohydrate	12.68g
Dietary Fiber	7.2g
Sugars	4.38g
Protein	80g
Vitamin A	30IU
Vitamin C	0.44mg
Calcium	30mg
Iron	7.8mg



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